

# Safe Kids at **Home**



## Preventing Fire and Burns

Student Booklet | Grades 3-8



**SAFE  
KIDS**  
FOUNDATION

Preventing accidental injuries  
to children in India.

# Safe Kids at **Home**



# Table of Contents

## Safe Kids at Home

|                      |   |
|----------------------|---|
| Pre-test .....       | 1 |
| Parents Letter ..... | 2 |

## Lesson 1 Introduction to Home Safety

|                               |   |
|-------------------------------|---|
| Top Tips for Home Safety..... | 3 |
| My Safe Home .....            | 4 |

## Lesson 2 Fire Safety & Cooking Safety

|                                |   |
|--------------------------------|---|
| Cooking Safety Challenge ..... | 6 |
|--------------------------------|---|

## Lesson 3 Electrical Safety & Safety around Firecrackers

|                                   |    |
|-----------------------------------|----|
| Spot the Hazards .....            | 7  |
| Rahul's Diwali .....              | 8  |
| Fire Safety Challenge .....       | 9  |
| Have a Safe and Happy Diwali..... | 10 |

## Lesson 4 Escaping from Fire

|                                |    |
|--------------------------------|----|
| My Fire Escape Plan.....       | 11 |
| Stop, Drop and Roll.....       | 12 |
| Fire Safety Maze .....         | 13 |
| Top Tips for Fire Safety ..... | 14 |
| Pledge.....                    | 15 |

# Quiz 1

1 Many injuries that happen at home can be prevented.

- a. True
- b. False

2 Which of the following may cause a fire?

- a. Leaving the stove unattended while cooking
- b. Overloading extension boards and sockets
- c. Placing a candle near the curtains
- d. All of the above

3 Which of the following may cause a burn?

- a. Playing with matchstick and lighters
- b. Getting too close to the stove
- c. Drinking hot liquids without checking the temperature
- d. All of the above

4 If you see frayed wires, do not touch them and tell an adult immediately.

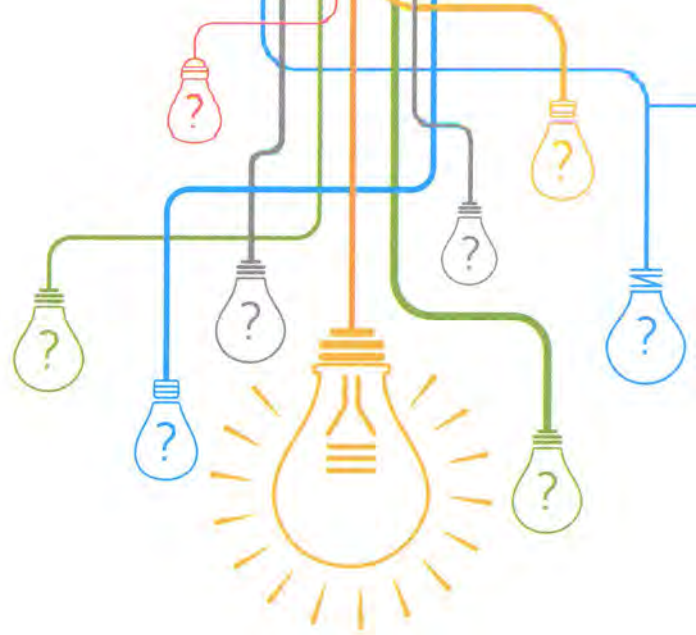
- a. True
- b. False

5 Blow out candles and turn off oil lamps before going to sleep.

- a. True
- b. False

6 Which statement is **false**?

- a. You should wait for an adult before lighting a firecracker
- b. It is okay to light firecrackers more than one time if they do not work
- c. Firecrackers should be lit in an open area, away from the house
- d. It is dangerous to light a firecracker in your hand



7 If your clothes catch fire, you should:

- a. Run as fast as you can
- b. Take the burning clothes off
- c. Stop, drop and roll
- d. Stand very still

8 If you have a **minor** burn, what should you do?

- a. Cool the burn with ice
- b. Cool the burn with running tap water
- c. Apply first aid cream on the burn
- d. Apply butter or ghee on the burn

9 To escape a house that is on fire, you should:

- a. Call the fire brigade before exiting the house
- b. Hide in a corner where there is no fire
- c. Follow the fire escape plan
- d. Gather your books and toys and then exit the house

10 If there is a fire emergency, whom should you call first?

- a. Call your neighbour
- b. Call your parents
- c. Call your friend
- d. Call 101

Dear Parent/Guardian,

We all want our children to be safe and healthy, but as you know children will fall, slip and tumble. It is part of growing up, but there are little things we can all do to avoid the more serious injuries that can lead to disabilities and even death. Many injuries happen on the road, but it may surprise you to learn that injuries also occur at home. Leading causes of unintentional injury include falls, fire and burns, poisoning and drowning. These injuries can often be prevented when safety precautions are taken.

Our class is beginning an educational programme called Safe Kids at Home, and we will discuss how to avoid injuries that can be prevented. In this module of the programme, students will learn about preventing fire and burns at home through a series of group discussions, interactive classroom activities and home assignments. Safe Kids at Home was created by child safety experts at Safe Kids Foundation India and Safe Kids Worldwide, with the support of Honeywell India.

During the next few weeks, our class will learn about different fire safety topics. As a parent, you can play a vital role in your child's learning by reinforcing the safety messages your child is learning at school. Safety messages and behaviours are learned when they are applied in the classroom and at home, so we ask that you actively participate in the home assignments and share the important safety information with your family, friends and neighbours.

*Thank you for all the ways you keep your children happy, healthy and safe.*

Teacher's Name.....

School Name.....



Preventing accidental injuries  
to children in India

Supported by





## TOP TIPS FOR HOME SAFETY



### Preventing Falls

- Properly install grills on windows and balconies to prevent falls.
- Clean spills on floors and stairs immediately to prevent slips and falls.



### Fire Safety

- Do not leave cooking or open flames unattended. Tuck in all loose ends of clothing and keep a safe distance.
- Move items that may catch fire away from the stove and open flames, such as candles, oil lamps or fire.
- Create and practice a home fire escape plan with your family and know two ways out of every room. In case of fire, exit the home quickly and meet in a safe place outside the home.



### Burns Safety

- Keep hot foods and liquids away from the edge of counters and tables.
- Unplug electrical appliances immediately after use and move them out of children's reach.



### Poison Prevention

- Store all household cleaners and chemicals in their original containers, out of children's sight and reach.
- Keep all medicines and vitamins out of children's sight and reach, even the medicines you take every day.



### Water Safety

- Give young children all of your attention when they are near water.
- Check the water temperature with your wrist or elbow before giving your baby a bath

# My Safe Home

Draw stories on common causes of injury at home, with corresponding safety messages.

## Preventing Falls



Safety Tip

## Fire and Burn Safety



Safety Tip

# My Safe Home

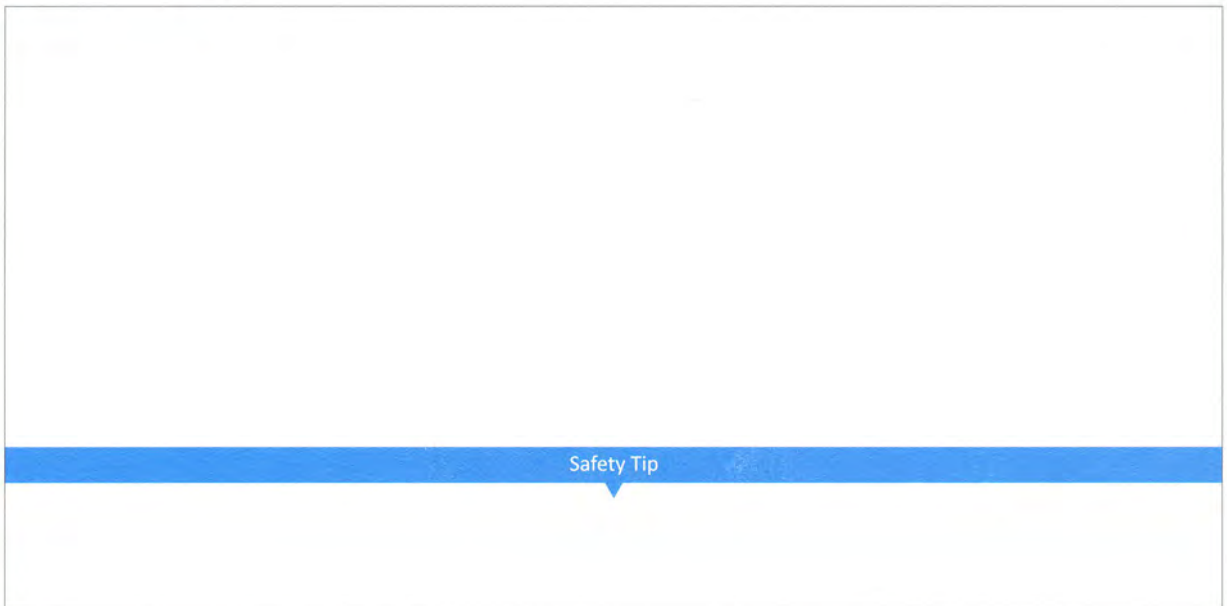
Draw stories on common causes of injury at home, with corresponding safety messages.

## Poison Prevention



A large rectangular area for drawing a story related to poison prevention. A yellow horizontal bar is positioned across the middle of the drawing area, with the text "Safety Tip" centered above it.

## Water Safety



A large rectangular area for drawing a story related to water safety. A blue horizontal bar is positioned across the middle of the drawing area, with the text "Safety Tip" centered above it.

**SAFE**  
**KIDS**  
FOUNDATION

Preventing accidental injuries  
to children in India

Supported by

**Honeywell**



# Cooking Safety Challenge

Can you spot 7 differences?

Draw a circle around the safe behaviors and draw an "X" on the unsafe behaviors in the kitchen scenes below.



# Spot the Hazards

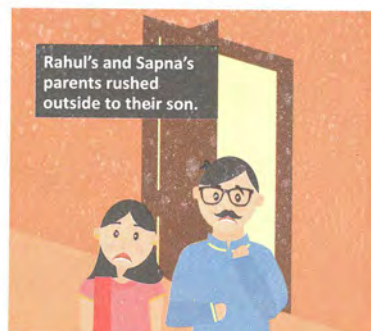
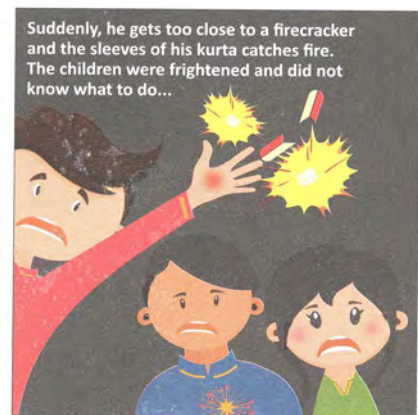
Can you spot the 8 hazards?

Draw an "X" on the unsafe behaviors in the picture below.



# RAHUL'S DIWALI

Identify the unsafe behaviors in Rahul's story.



**SAFE  
KIDS  
FOUNDATION**

Preventing accidental injuries  
to children in India

Supported by

**Honeywell**

# Fire Safety Challenge

Work with your parents to identify 3-5 safe behaviors and 3-5 unsafe behaviors in your home related to fire safety. Write about the behaviors in the space provided. For every unsafe behavior, write how your parents corrected the unsafe behavior to make your home safer.

## What was safe at your home?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## What was unsafe at your home?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## How did your parent make it safer?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



Preventing accidental injuries to children in India

Supported by



# HAVE A SAFE AND HAPPY DIWALI

Wait for an adult before lighting firecrackers.

Keep a safe distance while lighting fire crackers and light it arms length.

Wear fitted cotton clothes that do not catch fire easily when lighting firecrackers.

It is not safe to relight a firecracker that did not ignite the first time.

Find an open area away from trees and homes before lighting a firecracker.

Keep a bucket of sand or water nearby when lighting firecrackers in case there is a fire.



**SAFE**  
**KIDS**  
FOUNDATION

Preventing accidental injuries  
to children in India

Supported by

**Honeywell**



# WHEN YOUR CLOTHES CATCH FIRE...



**1. STOP**  
where you are.



**2. DROP**  
to the ground. Cover your eyes and mouth with your hands.



**3. ROLL**  
until the flames are out.

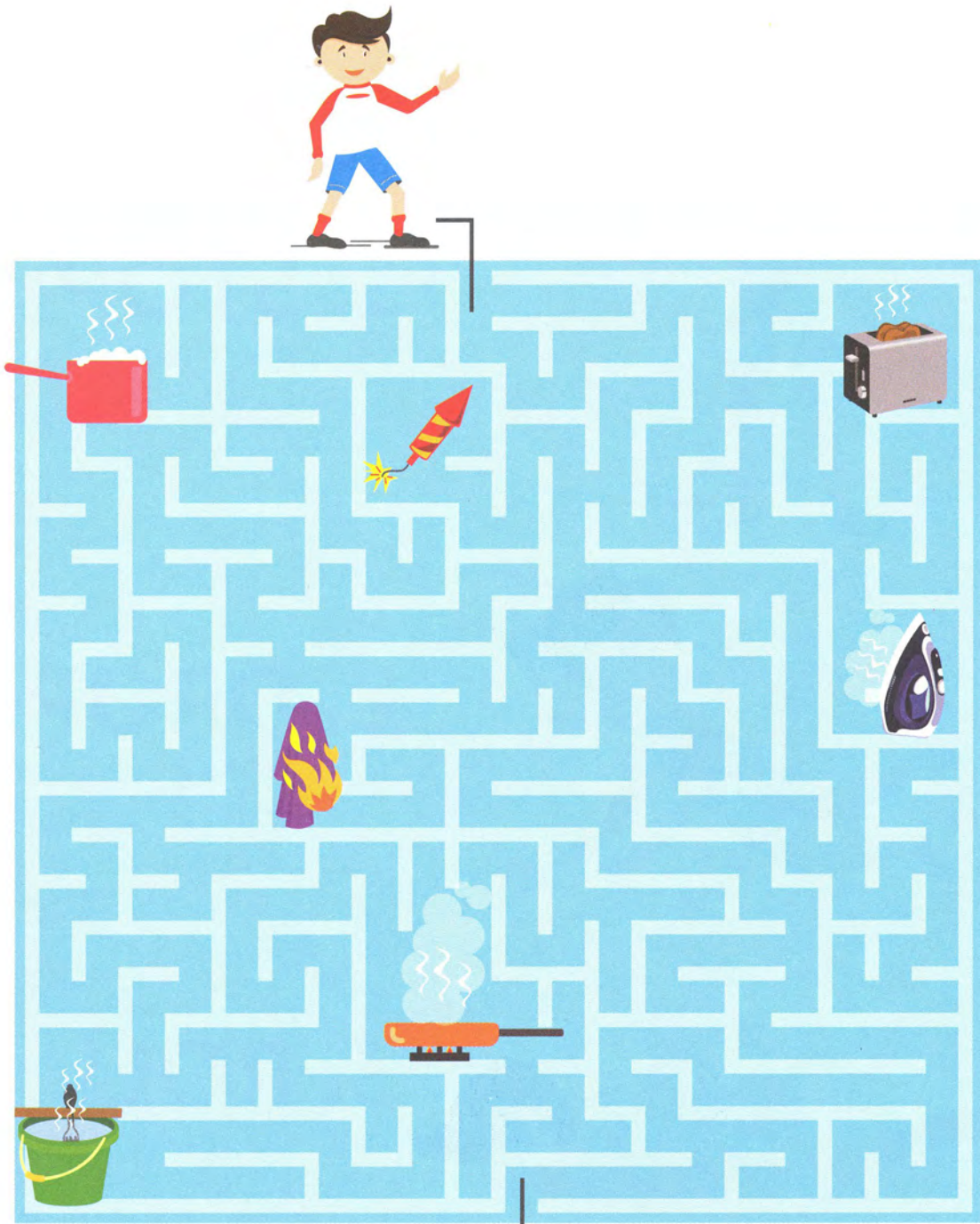
**SAFE  
KIDS  
FOUNDATION**

Preventing accidental injuries  
to children in India

Supported by

**Honeywell**

# Fire Safety Maze



Safe Meeting Place



**SAFE**  
**KIDS**  
FOUNDATION

Preventing accidental injuries to children in India

Supported by

**Honeywell**





## TOP TIPS FOR FIRE SAFETY



### Preventing Fire & Burns



- Stay away from anything that is hot.
- Keep a safe distance from boiling water and hot oils.
- Check the temperature of hot beverages before drinking.
- Keep a safe distance from cooking area.



### Safety Around Electrical Appliances and Outlets

- Use electrical appliances only after asking your parents.
- Do not use electrical appliances if your hands, cloths or shoes are wet.
- If you see frayed wires or cords, do not touch them. Tell a parent immediately.
- Do not stick finger, toys or other objects into an electrical outlet.
- Avoid overloading electric sockets as it may cause overheating and result in fire.



### Safety Around Firecrackers

- Use a long stick to light a firecracker.
- Light a firecracker at an arm's length.
- Wait for an Adult before lighting firecrackers.
- Wear fitted cotton clothes that do not catch fire easily when lighting firecrackers.
- It is not safe to relight a firecracker that did not ignite the first time.
- Find an open area away from trees and homes before lighting a firecracker.
- Keep a bucket of sand or water nearby when lighting firecrackers in case there is a fire.



### Safety Around Open Flames

- Keep burning candles and oil lamps away from furniture, bedding, curtains, carpet books, and other flammable items and decorations.
- Stay away from matchsticks and lighters.
- Remember to blow out candles and turn off oil lamps before going to sleep.



### Safety in a Fire Emergency

- Never go back inside a burning house, once you are out, stay out!
- Do not hide under the bed or in a corner.
- If there is a lot of smoke and it is difficult to see, get low and crawl out of the house as quickly as possible.
- If you are in a building which is on fire, use the stairs and not the elevator or lift to exit.
- Know the emergency contact numbers of the fire brigade (101) and ambulance (108) in Pune.

**SAFE**  
**KIDS**  
FOUNDATION

Preventing accidental injuries  
to children in India

Supported by

**Honeywell**



**I pledge  
to be a  
Safe Kid**

**SAFE  
KIDS**  
FOUNDATION

Preventing accidental injuries  
to children in India

Supported by

**Honeywell**

Safe Kids  
at **Home**



In the interest of my family,  
my home and my  
community,  
I pledge to always practise  
fire safety.

I will teach others about  
being safe,  
And I will tell a parent or  
adult if I see anything  
unsafe.

I pledge to share fire safety  
tips with family and  
friends,

And I will practise a fire  
escape plan regularly with  
my family.

I pledge to be a Safe Kid!

Supported by

**Honeywell**

In association with

